

# Menu - Week 3



| MONDAY                               | TUESDAY                          | WEDNESDAY                   | THURSDAY   | FRIDAY  |
|--------------------------------------|----------------------------------|-----------------------------|--|---|
| Tomato and Basil<br>Penne Pasta Bake | Chicken Stir-fry<br>With noodles | Cottage Pie<br>With<br>Peas | Roast Pork and Apple<br>sauce<br>With<br>Roast Potatoes and Sea-<br>sonal Vegetables | Fish Cakes and Chips<br>With<br>Peas or Beans |
| Strudel and Custard                  | Flapjacks                        | Fruit Salad                 | Brownies   | Rice Krispy Cake                              |

